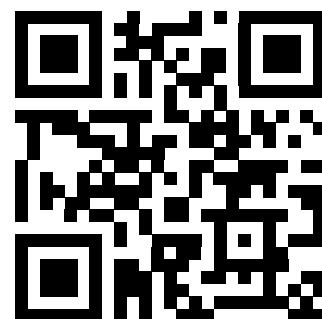


How to support young people entering adult health services



You can:

1. Prepare early.
2. Encourage self-management and involvement in decision making.
3. Ask questions and understand what matters to them.
4. Discuss activities and experiences that impact health and wellbeing.
5. Join the **Transition Care Network** to access support and resources for delivering healthcare to young people.



AGENCY FOR
**CLINICAL
INNOVATION**

Scan QR code or visit:

aci.health.nsw.gov.au/transition-care